



PLAYWORKS

Recess Reboot

SERVICE OVERVIEW

SERVICE OBJECTIVES + OUTCOMES

Recess Reboot is a consultative service in which a Playworks Trainer spends 4 consecutive days providing on-site modeling, collaboration and consultation while actively developing and empowering school communities to implement and sustain safe and healthy play at recess. By the end of the reboot, **Recess Staff* will be able to:

ACTIVATE



Activate learning while practicing and demonstrating the ability to facilitate safe and healthy play during recess

SUPPORT



Utilize learned techniques to support students at play, including Youth Leaders at recess

DESIGN



Develop a recess design and action plan for their school that aligns with the indicators of the Great Recess Framework

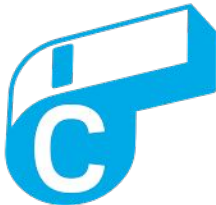
SUSTAIN



Implement and sustain recess systems and best practices on their own

** Recess Staff = adults overseeing and/or supporting recess, including the Recess Manager*

SERVICE STRUCTURE: GRADUAL RELEASE METHOD

DAY 1 - <i>Intro</i>	DAY 2 - <i>I Do</i>	DAY 3 - <i>We Do</i>	DAY 4 - <i>You Do</i>
 OBSERVATION Trainer assesses and observes current recess climate.	 IMPLEMENTATION Trainer models and implements recess games and systems.	 COLLABORATION Trainer and Recess Staff co-lead recess together.	 CONSULTATION Recess Staff lead recess with consultative support from Trainer.

Service components



Recess [Assessment, Implementation, Consultation]

Enhancing school culture throughout each day with onsite Recess assessment, implementation, and consultation



Staff Learning and Development [Training, PD, Orientation]

Empowering and equipping adults to independently sustain recess programming through professional development and learning across the week



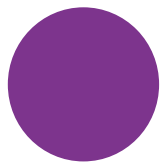
Student Learning and Development [Recess 101, Youth Leadership Program]

Developing students' understanding of recess games, systems and culture through independent class learning and youth leadership opportunities



Collaborative Planning and Support [Action Planning, Consultation Visit]

Designing plan of action to build partners' capacity for sustaining positive play



Recess

Assessment

Trainer conducts Recess **assessment** using the [Great Recess Framework](#) to evaluate levels of safety, engagement, and empowerment, while noting areas of growth.

Delivery: Day 1 - Observation Day

Elements:

- Recess assessment

Implementation

Trainer implements recess games and systems, and demonstrates various forms of adult engagement and ownership to model a sustainable recess program.

Delivery: Day 2 - 'I DO' Day

- Trainer implements **1 day during RRB** and Recess Staff **continue** throughout

School Staff: Recess Staff + Recess Manager

Elements:

- **Games** - Core, Large Group, Conflict Resolution
- **Systems** - Transitions, Equipment, Visuals, Expectations and Outcomes
- **Staff** - Rapport, Game Facilitation, Strategic Movement

Consultation

Trainer provides on-site, in-the-moment consultation to teach and empower schools to plan for a sustainable recess program.

Delivery: Day 2 - 4 [I DO, WE DO, YOU DO]

School Staff: Recess Staff + Recess Manager

Elements:

- Recess games and systems
- Junior Coach
- Recess Staff empowerment



Staff Learning and Development

All Staff Orientation

Trainer facilitates orientation to provide reboot overview **for all staff** and engage their support in creating and maintaining a healthy recess and play environment.

Delivery: **Min:** 30 mins | **Max:** 1 HR prior to or during reboot*

** options for delivery vary [pre-recorded, virtual, in-person]*

School Staff: ALL

Elements:

- Recess Reboot overview
- opt. games

Recess Staff Training

Trainer provides a one-time, on-site professional training for staff who conduct recess duty to equip them with knowledge and tools to transform recess and play environments.

Delivery: **Min:** 1 HR | **Max:** 2 HRS prior to or during reboot

School Staff: Adults at recess [required] + Recess Manager/Admin. **[highly recommended]**

Elements:

- Recess Reboot overview
- New games + Game Facilitation
- Recess Management + Systems

**this component is contingent upon school needs and as agreed upon by trainer and partner*

Recess Staff PD

Trainer facilitates daily pre-recess check-ins and post-recess debriefs with Recess Staff to further develop the team's programmatic lens, approach and implementation

Delivery: Day 1 - 4

- 30 - 45 min., 2x/day
- **Min:** 30 mins | **Max:** 45 mins

School Staff: Adults at recess [required] + Recess Manager/Admin. **[as needed]**

Elements:

- Recess assessment
- Recess Games + Facilitation
- Recess Systems + Facilitation
- Staff Roles + Responsibilities

**this component is contingent upon school needs and as agreed upon by trainer and partner*



Student Learning and Development

Recess 101

Trainer provides individual learning time to a **sample size** of classes ranging across age and grade levels.

Delivery: Day 2 - 4 ; 20 - 30 mins ea.

Min: 3 total | **Max:** 6 total *

- 1 class max per day [if 3 total]
- 2 classes max per day [if 6 total]
- Single classroom per session

School Staff: Teacher [required] + Recess Staff [if applicable]

Elements: recess games, procedures + expectations

**total number of 101's delivered during a reboot is determined by the Trainer's daily schedule/capacity*

Youth Leadership

Trainer launches a Youth Leadership Program [Junior Coach Program], leads one-time training, and coaches Recess Staff on how to continue the program to empower student leaders at recess.
[min. 12 students | max. 20 students]*

Delivery: One-time training [before, during or after school]

Min: 1 HR | **Max:** 2 HRS

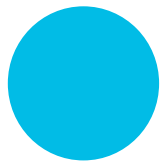
- Days 1 or 2 are Ideal days of training delivery so YL's can lead at recess on Days 2 - 4.

School Staff: Administrator [required] + Recess Staff [if applicable]

Elements: leadership, conflict resolution, game facilitation, recess systems + expectations

**total number of students is intended to be a manageable size for school staff to organize, develop and sustain*





Collaborative Planning and Support

Action Planning

Trainer guides action oriented dialogue to support partners in designing their own strategic plan for sustaining a healthy and functioning recess program.

Delivery: Day 4

Min: 1 HR | **Max:** 2 HR*

School Staff: Recess Manager or Admin
[required] + Recess Staff [if applicable]

Elements: identified goals, timelines, leads and resources tailored to school needs + desired outcomes

**session can be broken up into segments or can be facilitated in one sitting, depending on the school's needs.*

Consultation Visit

Trainer delivers one virtual Consultation Visit post-training to follow-up with partners, check-in on progress and provide additional support as needed.

Delivery: 4 -6 weeks post-reboot

Min: 30 min | **Max:** 1 HR

School Staff: Recess Manager or Admin
[required] + Recess Staff [if applicable]

Elements: *varies according to school needs

